



Jess Albright, LCPC, ACS
Licensed Clinical Professional Counselor

Tween/Teen History Questionnaire

Date questionnaire completed: _____

Name of person completing this form: _____

Relationship to child: _____

Name: _____

Age: _____

Birth date: _____

Referral Information

Did someone refer you? If so, who? _____

Main Concerns: _____

Behavior Triggers: _____

When did you first notice the problem? _____

Describe impact of problem behaviors on familial, social, and academic functioning.

List any previous therapy or psychiatric consultation or treatment.

Provider name: _____

Dates of treatment: _____

Previous diagnoses: _____

Was it helpful? Why or Why not? _____

Has the child undergone psychological testing? _____

(If so, please attach copy of evaluation report.)

Health Information

Was child adopted? _____ Date of adoption: _____ Age at adoption: _____

Is the child a twin/multiple? _____ Identical? _____

Duration of pregnancy: _____ Drug/alcohol use during pregnancy? _____

Was prenatal care provided during pregnancy? _____

Was delivery in a hospital? _____ C-section? _____

Describe any complications of pregnancy or delivery.

Suspected or confirmed child abuse (physical or sexual): _____

Name of pediatrician/PCP: _____

Phone number: _____

Please indicate all medications and dietary supplements currently taken.

Medication and dosage Diagnosis Prescribing physician Date of initial prescription

Were the child's developmental milestones within normal limits? _____

Does child have any illnesses? _____

Any eating or sleeping problems? _____

School Information

Name of school: _____

Grade: _____

Teacher: _____

Does the child currently have a 504 Plan? _____ Diagnosis: _____

504 Plan accommodations: _____

Does the child currently have an Individualized Education Plan (IEP)? _____

Date of most recent IEP: _____

Educational disability: _____

Special education services received: _____

Do the educational accommodations/services provided seem to be effective? _____

If no, please explain:

Ever held back a grade or skipped ahead? _____

Any concerns at school? _____

When did the problem begin? _____

What do teachers and others at the school tell you about the problem?

What has the school done to help? Has it been helpful? _____

Social/Emotional/Behavioral Functioning

Please indicate with an "X" if the child is currently struggling in any of the following areas.

Social

- Avoids eye contact
- Does not understand teasing, sarcasm, or jokes
- Does not speak/is selectively mute
- Isolated from peers – few group or social interactions
- Misinterprets facial expressions, body language, or tone of voice
- Struggles to maintain conversation
- Struggles to make or maintain friendships
- Teases or bullies others
- Victim of teasing or bullying
- Other Please Specify: _____

Emotional

- Cries easily or often
- Depressed/appears depressed
- Excessively afraid
- Excessively angry
- Expresses specific fears
- Expresses suicidal or homicidal ideation, plan, or intent
- Flat affect
- Gives up easily when challenged
- Rigid thinking (when things do not go as planned or "the right way," etc.)
- Other Please Specify: _____

Behavioral

- Difficulty focusing
- Difficulty initiating/starting tasks
- Displays attention-seeking behaviors
- Engages in risky behaviors
- Excessively fidgety
- Impulsive (acts before thinking)
- Interrupts others
- Oppositional/refuses to comply with requests
- Poorly organized
- Other Please specify: _____

Family/Home Environment

Please list all people living in the child's home.

<u>Name</u>	<u>Relationship</u>	<u>Age</u>	<u>Occupation/Grade</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Education Level: Mother _____ Father _____

Occupation: Mother _____ Father _____

Is either parent deceased? _____ If so, please specify: _____

Were biological parents married? _____

Are biological parents separated or divorced? _____

Date of separation or divorce: _____

Which parent has legal custody? _____

Which parent has physical custody? _____

Describe physical custody arrangement. _____

How long has the child lived at the current address? _____

Does the child have any difficulty with siblings? _____

If yes, please explain: _____

Family History

Please indicate whether any of the following are currently being experienced within the immediate family.

Birth of new child

Recent move

Death in family

Separation/divorce

Domestic violence

Serious illness

Employment loss

Single parent/caregiver

Financial difficulties

Other: _____

Marital difficulties

Please indicate which of the following have been experienced in members of the child's immediate and/or extended family.

Relationship to Child (maternal/paternal)

AIDS

Alcoholism

Anxiety

ADHD/ADD

Autism Spectrum Disorder

Bipolar Disorder

- Birth Defects _____
- Cancer _____
- Depression _____
- Diabetes _____
- Drug Addiction _____
- Eating Disorder _____
- Heart Disease _____
- High Blood Pressure _____
- High Cholesterol _____
- Intellectual Deficiency _____
- Learning Disability _____
- Psychiatric Hospitalizations _____
- Suicide _____
(threats, attempts, completed)
- Other (specify: _____) _____

Additional Comments

Thank you for taking the time to complete this questionnaire thoroughly!